Antiretroviral Therapy... What does it do?

Antiretroviral therapy (ART) is the daily use of a combination of HIV medicines to treat HIV. ART saves lives, but does not cure HIV.

- Reduces the amount of HIV in the body
- Reduces the risk of HIV transmission
- Prevents HIV from advancing to AIDS
- Protects the immune system

For more information, visit HIVinfo.NIH.gov