

HIV-Discordant Couples



What is an HIV-Discordant Couple?

A couple is discordant if one partner has HIV and the other does not.

An HIV-discordant couple is also called a mixed-status couple.

Ways to prevent HIV transmission within a discordant couple



I'm HIV Positive

Take HIV medicines every day

Keep all medical appointments



I'm HIV Negative

Ask a health care provider about PrEP, an HIV prevention method

Get tested for HIV often



We're Discordant

Don't have sex with other people

Use condoms during sex