

Antiretroviral Therapy: What Does It Do?

Antiretroviral therapy (ART) is the daily use of a combination of HIV medicines to treat HIV.

ART saves lives, but does not cure HIV.



When a person with HIV has access to ART and takes it as prescribed, ART...

- ▶ **Reduces the amount of HIV in the body**
- ▶ **Reduces the risk of HIV transmission**
- ▶ **Prevents HIV from advancing to AIDS**
- ▶ **Protects the immune system**
- ▶ **Prolongs life expectancy to near-normal**